

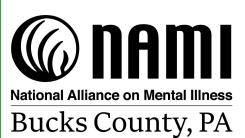
Raising Great Kids Community Speaker Series Porthampton COUNCIL ROCK COUNCI

CANADIAN Ending the Silence

What is NAMI Ending the Silence?

NAMI Ending the Silence (ETS) is a prevention and early intervention program that engages youth, school staff and families in a discussion about mental health. Audience members learn to recognize the early warning signs of mental health conditions and learn what to do if they or someone they know is showing these signs. The chance to hear directly from a young adult with a mental health condition dispels myths, instills a message of hope and recovery and encourages individuals to reduce stigma. Audience members can ask questions of family members and individuals experiencing mental health conditions. By engaging youth, school staff and families in a discussion about mental health conditions, young people dealing with mental health issues realize they're not alone.

Raising Great Kids Speaker Series: Ending the Silence Wednesday, October 16th 7pm-9pm at Newtown Middle School FREE Event! Registration at <u>https://tinyurl.com/RGKEndingTheSilence</u>



About NAMI

NAMI, the National Alliance on Mental Illness, is the nation's largest grassroots mental health organization dedicated to building better lives for the millions of Americans affected by mental illness. NAMI Bucks County, PA and dedicated volunteer members and leaders work tirelessly to raise awareness and provide essential education, advocacy and support group programs for people in our community living with mental illness and their loved ones.





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The Raising Great Kids Speaker Series is a partnership between Council Rock Education Foundation and Council Rock Coalition for Healthy Youth. RGK is sponsored by Jefferson Health.



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